



December 29 and 30, 2009 at Canon McMillan High School

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The Indians made the trip to Washington, PA for the third time in four years in hopes of improving last years 24<sup>th</sup> place finish. This year's tournament includes 44 teams from the eastern USA. Besides Pennsylvania, there were schools from Florida, Georgia, Maryland, Ohio, Virginia and West Virginia. The tournament boosts many state champs and a host of state qualifiers and state tournament participants.

**Greg Lanctot** took a fourth place at (145) last year and **Jamie Callender** a fifth at (189). This gave them both a leg up for this year's tournament seeding. **Greg** got the fifth seed at (152) and **Jamie** was seeded first (189).

Only **Shane Longstreth** (119), **Anthony Dutrow** (140), **Greg Lanctot** (152) and **Jamie Callender** (189) came away with wins in the first round. All of the other Indian grapplers dropped to the consolations.

In the first round, **Shane** faced Vinnie Vitolo from Hempfield High School. He took that one by a major decision to move on. In his second bout he lost to the wrestler from Benton HS (District 4) and joined the others in the consis. In the second consi round, **Shane** shutout the wrestler from Albert Gallatin 8-0. In the next round he took on Tyler Steele from Connellsville shutting him out 4-0. Kevin Johnson from Mt. St. Joseph managed to score one point, but took the 3-1 loss to move **Shane** into medal contention. In the sixth round of consolations **Shane** came up against Tim Connelly from Penn Trafford. Again another low scoring affair with **Shane** taking that one 3-1 to move into the semi finals where he went up against Geoff Alexander, the number three seed, from Shade Side academy. Close, but no cigar. **Shane** dropped that one 2-1. In the match for fifth place **Shane** wrestled Alex Dunaway from McGuffey and as he had done through out the tournament he was real stingy giving up points, taking fifth place by a score of 5-0. In summary, **Shane's** record for the tournament was 6-2 with 33 Point For and only 19 Points Against a great outing for the feisty junior.

**Anthony** won his first bout, but had the misfortune of going up against the number one seed, Josh Kindig, last year's tournament OW, in his second. That saw him move to the consolations.

After a tech fall in his first, it was a close one for **Greg** in his second, squeaking by the wrestler from Cedar Cliff 3-2. **Greg** went head to head with Adam Bicak, the number four seed from Ripley, WV, in the ¼'s. There he outscored Bicak 2-1 to advance to the semi finals where he met up with Pierce Harger the number one seed from Moeller Ohio. The Ohio wrestler out pointed **Greg** 8-2 which dropped him out of contention for the gold or silver, but he was still in it for a medal. In the consi sixth round, **Greg** wrestled Shane Springer, the number seven seed, from LaSalle College High School. A loss there and **Greg** was setup to wrestle Aaron McKinney from West Allegheny for fifth place. A good effort, but **Greg** came out on the short end of the 5-2 score and had to settle for sixth place. Still not bad, medaling in each of the last two consecutive years in this tough competition.

Forty and fifty second pins over the wrestlers from Christiansburg, VA and Chartiers-Houston, PA and **Jamie** moved on to the quarter finals. There he faced Cameron Kroemelbein the number eight seed from Pleasant Valley, PA. Kroemelbein also had two quick pins in his previous bouts and was looking pretty tough to that point, but **Jamie** dispatched him, scoring a technical fall in 3:06 by a score 16-1. That win moved Jamie into the semis against the number five seed from Latrobe. Eric Shaffer proved no match for **Jamie** as the bout ended in a 3:41 pin in **Jamie's** favor. In the finals it was a match between the number one and two seeds. Michael Pollard, from Corry, came out of the gate pretty fast himself, scoring three quick pins in as many matches. The only blemish was a 13-2 win over a Hempfield wrestler. These two look like a perfect match, but it was all **Jamie** in the finals. After giving up an early takedown, he took control and took a convincing 9-4 decision over what looked like a formidable opponent to take the gold.

So at the end of the day North did very well for themselves with three guys, **Shane, Greg and Jamie** heading home with POWERade hardware. As a team, Council Rock North bettered their previous best with a twenty-first place finish.

Rank	Points	Team
1.	174	Central Dauphin
2.	147	Collins Hill - GA
3.	144.5	Christiansburg - VA
4.	143.5	Connellsville
5.	140.5	Blue Mountain
6.	138.5	Shady Side Academy
7.	122	Kissimmee Osceola - FL
8.	117	Latrobe
9.	116.5	Benton
10.	106	Mt. St. Joseph - MD
11.	101.5	Penn Trafford
12.	98	Canon McMillan
13.	96.5	Central Catholic
14.	96	Franklin Regional
15.	94	Hopewell
16.	91.5	Burrell
16.	91.5	Derry
18.	90.5	Westmont Hilltop
19.	88	LaSalle College
20.	87	Moeller - OH
21.	75	Cedar Cliff
<b>21.</b>	<b>75</b>	<b>Council Rock North</b>
23.	74.5	Pleasant Valley
24.	72.5	Bellefonte
25.	71.5	Ripley - WV

See the Chart below for the Championship & Consolation Results;

2009 POWERADE					
Championship Round					
103	Nathan Reckner	D	<b>Sean O'Neill</b>	South Side Beaver	7-0
112	Steven Meyers	D	<b>John Dutrow</b>	Moeller OH	6-3
119	<b>Shane Longstreth</b>	MD	Vinnie Vitolo	Hempfield PA	15-2
	Michael Rhone #2 Seed	MD	<b>Shane Longstreth</b>	Benton PA	13-2
125	Trevor Medlang	D	<b>Adam Slezak</b>	Franklin Regional PA	11-5
130	Martin Sams	MD	<b>Allan Slezak</b>	Bethal Park PA	12-3
135	Nick Catalano #5 Seed	MD	<b>Haydn Schenker</b>	Canon McMillan PA	12-4
140	<b>Anthony Dutrow</b>	D	Nick Bergamasco	Penn Telford PA	10-4
	Josh Kindig #1 Seed	Pin	<b>Anthony Dutrow</b>	Blue Mountain PA	0:26
145	Michael Blum	D	<b>James Hollawell</b>	Moeller OH	8-3
152	<b>Greg Lanctot #5 Seed</b>	TF	Derrick Komarinsky	Hempfield PA	17-2
	<b>Greg Lanctot</b>	D	Grant Dickey	Cedar Cliff PA	3-2
	<b>Greg Lanctot</b>	D	Adam Bicak #4 Seed	Ripley WV	2-1
	Pierce Harger #1 Seed	D	<b>Greg Lanctot</b>	Moeller OH	8-2
160	Nick Burns	D	<b>Jamey Kelly</b>	LaSalle PA	4-0
171	Nick Holbert #7 Seed	Pin	<b>Joe Coates</b>	Collins Hill GA	1:52
189	<b>Jamie Callender #1 Seed</b>	Pin	Brandon Taylor	Christiansburg VA	0:40
	<b>Jamie Callender</b>	Pin	Joey Congie	Charter Houston PA	0:50
	<b>Jamie Callender</b>	TF	Cameron Kroemelbein #8 Seed	Pleasant Valley PA	16-1
	<b>Jamie Callender</b>	Pin	Eric Shaffer #5 Seed	Latrobe PA	3:41
	<b>Jamie Callender</b>	D	Michael Pollard #2 Seed	Corry PA	9-4
215	Joe Keirner	MD	<b>Jayfie Kaschak</b>	Delone Catholic PA	14-3
285	Travis Miller #7 Seed	Pin	<b>Nino Romano</b>	Connellsville PA	1:01

Consolations Next Page;

<b>Consolations</b>					
103	<b>Sean O'Neill</b>	Pin	Kyle Schreckengost	Corry PA	0:36
	Brandon Thomson	Pin	<b>Sean O'Neill</b>	Solon OH	4:46
112	Ernest Kligel	D	<b>John Dutrow</b>	Pleasant Valley PA	6-5
119	<b>Shane Longstreth</b>	MD	John Thomas	Albert Gallatin PA	8-0
	<b>Shane Longstreth</b>	D	Tyler Steele	Connellsville	4-0
	<b>Shane Longstreth</b>	D	Kevin Johnson #8 Seed	Mt. St. Joseph	3-1
	<b>Shane Longstreth</b>	D	Tin Connelly	Penn Trafford	3-1
	Geoff Alexander #3 Seed	D	<b>Shane Longstreth</b>	Shady Side Academy	2-1
	<b>Shane Longstreth</b>	D	Alex Dunaway #4 Seed	McGuffey	5-0
125	<b>Adam Slezak</b>	D	Skyler Terrell	Parkersburg VA	6-2
	Tyler Mansion	MD	<b>Adam Slezak</b>	Central Catholic	13-0
130	Michael Ardeno	D	<b>Allan Slezak</b>	Trinity PA	9-3
135	Casey Cameron	D	<b>Hayden Schenker</b>	Penn Trafford PA	5-4
140	Marcus Clement	MD	<b>Anthony Dutrow</b>	Cedar Cliff PA	20-11
145	<b>James Hollawell</b>	Pin	Cole Murtha	Mt. Pleasant PA	0:33
	<b>James Hollawell</b>	D	AJ Sweigard	Central Dauphin	7-5
	Brandon Watral	Pin	<b>James Hollawell</b>	Blue Mountain	2:32
152	Shane Springer #7 Seed	Pin	<b>Greg Lanctot</b>	LaSalle PA	2:25
	Aaron McKinney #6 Seed	D	<b>Greg Lanctot</b>	West Allegheny	5-2
160	Chris Henley	TF	<b>Jamey Kelly</b>	Shamokin PA	18-3
171	Arron Rooney	D	<b>Joe Coates</b>	Delone Catholic PA	13-4
215	<b>Jayfie Kaschak</b>	Pin	Ryan Garris	Connellsville PA	4:39
	Connor Downs	D	<b>Jayfie Kaschak</b>	Penn Trafford PA	8-4
285	Jacob Dillard	Pin	<b>Nino Romano</b>	Ripley WV	3:57



2009 – 2010 POWERade Champions

